

Freak Out

Choreographed by Doug & Jackie Miranda

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Description: 64 count 2 Wall Line Dance

Music: "Le Freak" by Chic

Dance starts after 32 counts

Counts-Step Description

Set 1 Side and Cross, Side and Cross, Skates Right and Left, ¼ Turn L

1&2 Rock R to R side, recover on L, cross R over L

3&4 Rock L to L side, recover on R, cross L over R (you will slightly move forward for counts 1-8)

5-8 Slightly skate as you move your arms and body at angles R, L, R, turn ¼ L (weight ends on L)

Set 2 Repeat Set 1 Above

Set 3 Step Side R, Touch, ¼ Turn R, Touch, Step Side R, Touch, ¼ Turn R, Touch

1-2 Step R to R side, touch L in place slightly raising L knee and snap fingers

3-4 Make a ¼ turn R and step L to L side, touch R in place slightly raising R knee

5-8 Repeat counts 1-4 above

Set 4 Full Turn Vine R, Full Turn Vine L

1-4 Turn a full turn to R stepping R, L, R, touch L and clap

5-8 Turn a full turn to L stepping L, R, L, touch R and clap

Set 5 Step Cross, Hold, Step Side, Cross, Hold, Side Rock, Recover

&1-2 Step slightly back on R, cross L over R as you push hands downwards (palms open facing down), hold

3-4 Step R to R side as you look to R side (for extra styling, you can pulse arms up and down while moving), hold

5-8 Cross L over R as you look forward, hold, rock R to R side, recover on L at a slight angle to L

Set 6 Cross, Hold, ¼ Turn L, Hold, ½ Turn L, ¼ Turn L

1-4 Cross R over L, hold, turn ¼ turn L stepping forward on L, hold

5-8 Step forward on R, pivot ½ turn L, step forward on R, pivot ¼ turn L

Set 7 Syncopated Side Points, Heel Forward, Toe Back (Traveling Forward)

1&2 Point R to R side, step R next to L, point L to L side

&3&4 Step L next to R, touch R heel forward, step R next to L, extend L leg back touching L toe back while raising your arms and snapping your fingers.

5&6 Point L to L side, step L next to R, point R to R side

&7&8 Step R next to L, touch L heel forward, step L next to R, extend R leg back touching R toe back while raising your arms and snapping your fingers

NOTE: You will be traveling slightly forward; add attitude by swinging arms to each side as you point to sides

Set 8 Step Forward, Hold, ½ Turn L, Hold, Step Right Slightly Apart From Left, Cross Arms, Arms Apart, Arms Down To Side, Snap Right Fingers, Snap Left Fingers

1-4 Step R forward, hold, pivot ½ turn L, hold (weight goes forward)

5&6 As you step forward on R slightly apart from L simultaneously cross arms (touch shoulders with tips of fingers R hand on L shoulder, L hand on R shoulder) in front of chest, open arms and touch shoulders (R hand on R shoulder, L hand on L shoulder) for the & count, lower arms as you slap sides of thigh)

7-8 Lean to R and snap fingers (R fingers at R shoulder height, L fingers at L side waist level), lean to L and snap fingers (L fingers at L shoulder height, R fingers at R side waist level) with weight ending on L

Begin Again